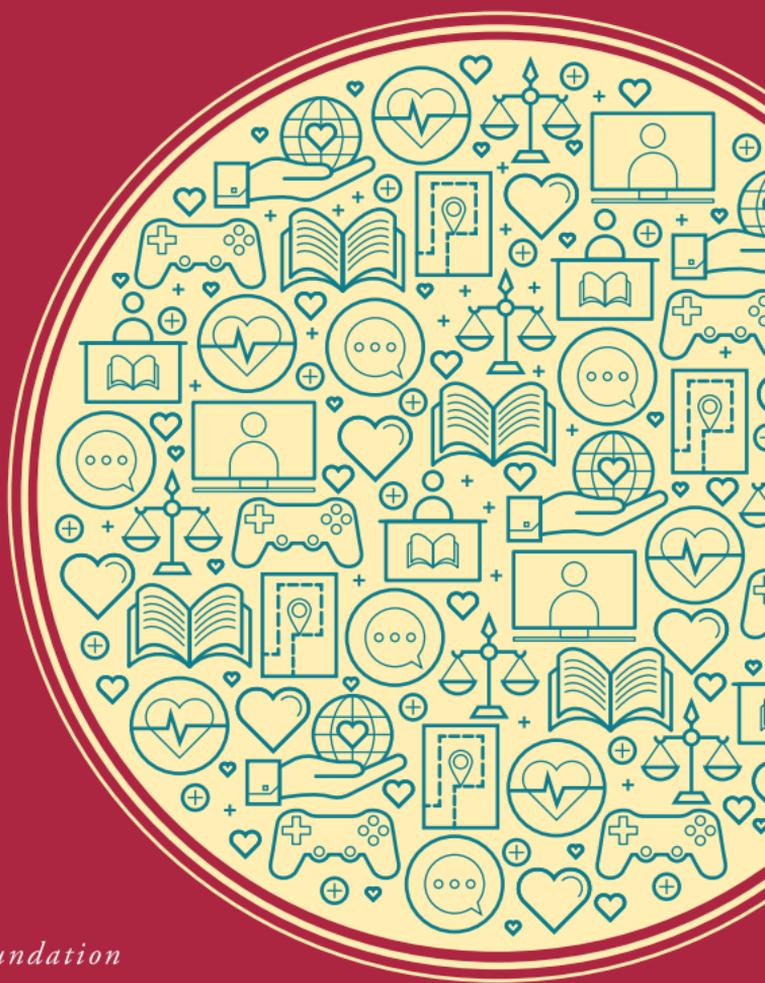


TAKE ACTION

LEARN



BILL & MELINDA

GATES *foundation*

DISCOVERY CENTER



CHOOSE YOUR ACTION



Follow an organization on social media to hear about positive actions for causes you care about.



Ask your local librarian for new books on topics that interest you.



Game with a purpose. Check out online games that are fun, educational and give back. Visit freerice.com or gamesforchange.org/games.



Watch the news to learn more about current events shaping our world. Check out timeforkids.com or your local newspaper.



Be prepared to save a life! Learn first aid or CPR. Find a class near you at redcross.org or heart.org/cpr.



Learn how to defend the civil rights of those around you at aclu.org/know-your-rights.



Learn about non-profit organizations working on specific causes at guidestar.org.



Read a biography or memoir about someone who inspires you.

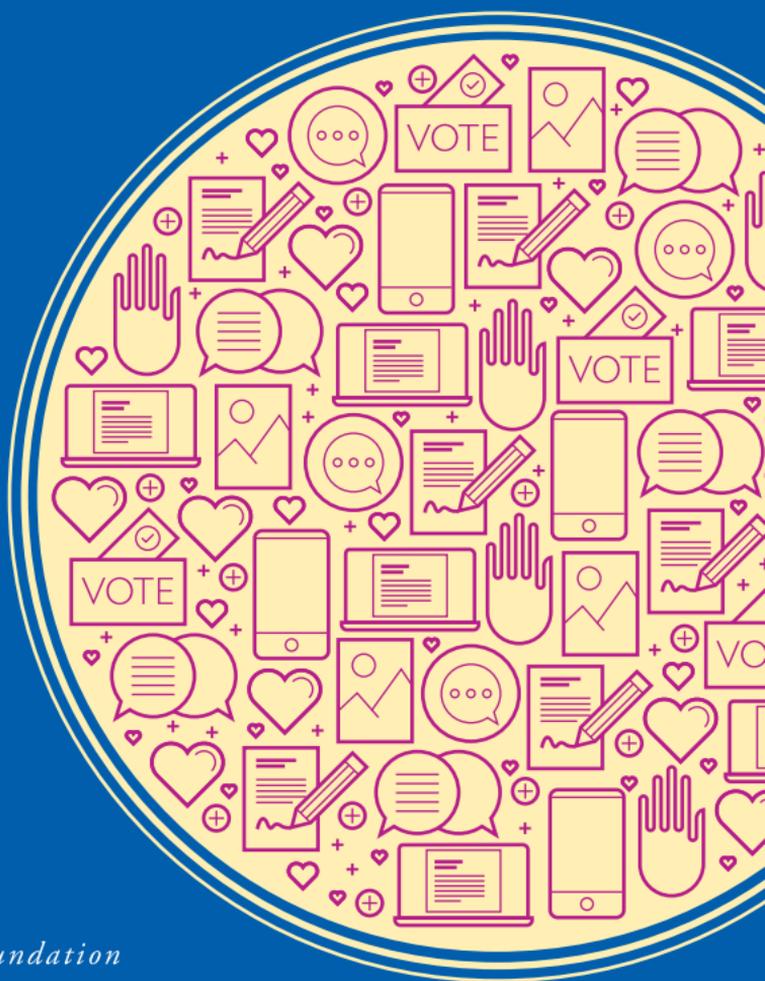


Sign up for a guided tour at a local historical site to learn more about the region you call home.



TAKE ACTION

USE YOUR VOICE



BILL & MELINDA

GATES *foundation*

DISCOVERY CENTER



CHOOSE YOUR ACTION



Vote!



Talk about an issue you learned about with those around you.



Design a poster you can put up at school or in your community.



Use social media to give a boost to organizations creating positive change.



Write an article about a topic you've researched and publish it through a blog or newspaper.



Call your local representative about an issue you care about. Find how to reach them at usa.gov/elected-officials.



Create an online petition to gather signatures for something you'd like to change. Visit change.org.



Spread the word about volunteer opportunities—and volunteer yourself.

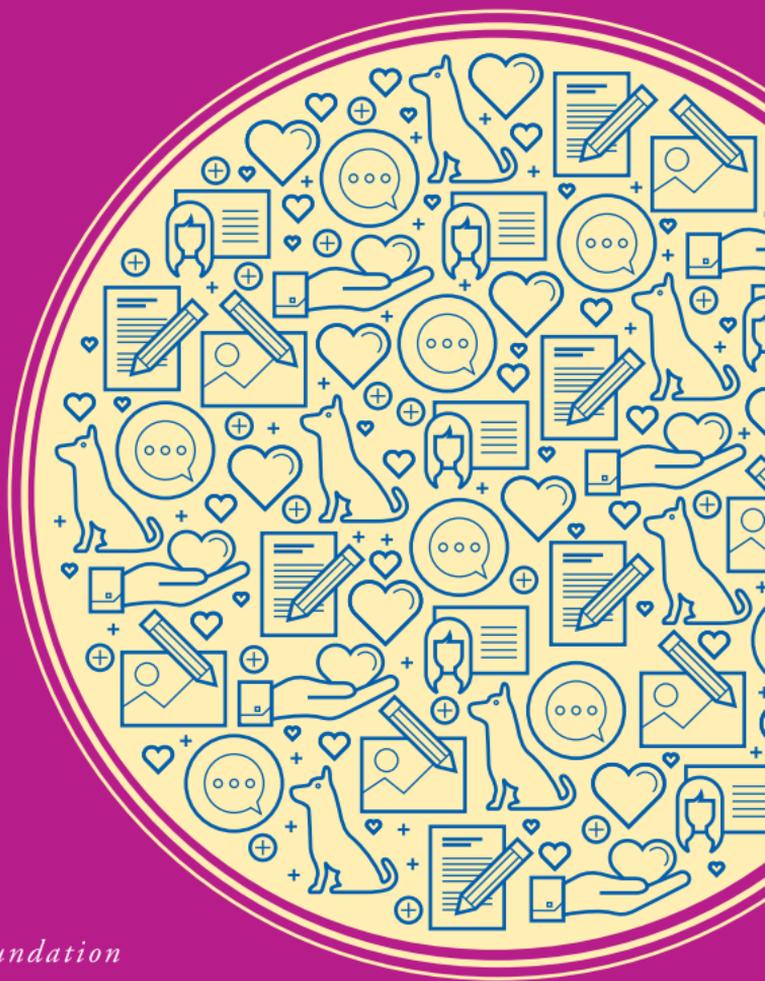


Your own idea: _____



TAKE ACTION

CREATE YOUR OWN



BILL & MELINDA

GATES *foundation*

DISCOVERY CENTER



CHOOSE YOUR ACTION

Create a project idea by combining a cause you're interested in with something you like to do.

Step 1



Think about what you like to do, or a skill you have.

Examples: I like to teach, I like to write, I like to draw.

I like to: _____

Step 2



What is a cause you are passionate about or would like to support? Example: I want to help animals in shelters.

I want to help: _____

Step 3



Combine Steps 1 and 2 to create a project. Example: I am going to create messages using social media about pet adoption.

What I can do: _____

For more project ideas, go to inprocess.discovergates.org.



TAKE ACTION

SHOW KINDNESS



BILL & MELINDA

GATES *foundation*

DISCOVERY CENTER



CHOOSE YOUR ACTION

-  Smile at someone you don't know.
-  Give someone a compliment.
-  Pass along a book you finished and enjoyed.
-  Make plans with a friend you haven't talked with recently.
-  Send a thank you card or write a letter to a friend or family member.
-  Run an errand for someone going through a difficult time.
-  Tackle a few seasonal chores to lighten a parent's busy week.
-  Carry granola bars you can offer to people experiencing homelessness.
-  Your own idea: _____



TAKE ACTION

DONATE



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CHOOSE YOUR ACTION



Donate clothing and toys in good condition to a local organization.



Instead of birthday gifts, ask for donations that benefit your favorite charity.



Trick or treat for canned food on Halloween and bring collected items to a local food bank.



Support your local library. To learn how, visit spl.org and click on Support Your Library.



Got long locks? Donate your hair to people experiencing medical hair loss. Check out locksoflove.org or hairweshare.org.



Help feed those in need. Give food or donate money to purchase food. Visit foodlifeline.org or northwestharvest.org.



Donate blood. One pint of blood can save up to three lives!



Help crowdfund projects geared toward social impact. Explore donorschoose.org, globalgiving.org, catapult.org and kiva.org.



Your own idea: _____



TAKE ACTION

RAISE MONEY



BILL & MELINDA

GATES *foundation*

DISCOVERY CENTER



CHOOSE YOUR ACTION



Help raise funds for a charitable organization.

- Start a lemonade stand
- Organize a bake sale with friends and family
- Organize a fun run
- Plan a weekend car wash
- Organize a fun run
- Get neighbors to join in for a sidewalk sale



Craft for a cause! Create socially conscious arts and crafts that make a statement—and hold a mini-craft fair.



Start your own online fundraiser. Check out websites like causes.com and 99pledges.com.



Your own idea: _____





CHOOSE YOUR ACTION



Volunteer at your local food bank by sorting and handing out food.



Visit a local animal shelter and ask how you can help.



Tutor someone in a subject they need a little help in learning.



Find a volunteer opportunity that supports what you care about, then invite a friend to join you. Check out volunteermatch.org.



Clean up a local park. Visit Green Seattle at greenseattle.org or the Nature Consortium at dnda.org/dnda-nature.



Bring a card or board game to a retirement center or nursing home to brighten someone's day.



Create a Giving Garden or start your own P-Patch. Find more information at sggn.org.



Help build homes for families experiencing homelessness. Visit habitat.org.



Use your tech skills and help a charity or local organization update their website.



Your own idea: _____

