Gather Film Screening & Discussion Panel
Take-Action Toolkit

Gather more information about *Gather*

- The [website for the film](#) contains information about future screenings, along with stories and resources about food sovereignty.

**Learn About the People Featured in *Gather* and Panelists:**


- Jason Vickers, a Seattle-based Indigenous chef, cooks beef stroganoff at [Daybreak Star Cultural Center](#), video on Facebook.

- Community steward/organizer Matt Remle talks about the Jan. 6 insurrection on the Capitol, interview in [South Seattle Emerald](#).

- Rachel Heaton discusses how she became an activist and how colonization and the climate crisis are connected, interview in [350Seattle](#).


- Elsie DuBray was a high school senior in *Gather*, but as a junior at Stanford University, Elsie offered insights into how Covid-19 impacted food sovereignty:
Mike Roberts talks about the First Nations Development Institute’s investments in Indigenous communities, video on Indian Country Today (interview starts at 5:47):

An Environmental Scan of Tribal Opioid Overdose Prevention Responses by UW Seven Directions: A Center for Indigenous Public Health (2019)

Colorectal cancer community engagement: a qualitative exploration of American Indian voices from North Dakota by Courtney Fischer (2022)

Learn More About the Work of the Bill & Melinda Gates Foundation:

Learn more about our local grantees. Honoring Native American Heritage Month - Gates Foundation - Washington State

Watch & Listen:

“Indigenous Voices: Ending HIV Stigma through Storytelling & Drag,” a 53-minute video program that provides an opportunity to Indigenous people to discuss culturally relevant care for people living with HIV.

“First Foods: How Native people are revitalizing the natural nourishment of the Pacific Northwest,” a multimedia project by the Seattle Times that highlights movement in tribal communities to promote traditional foods.

Red House Project: Entertainment website and Production studio amplifying stories from Indigenous creators

Indigikitchen: An online cooking show dedicated to re-indigenizing our diets using digital media.

Seattle-Area Indigenous Nonprofits:

Unkitawa: Centered in traditional practices to help heal and support communities through ceremony, art, and culture (“Unkitawa” is the Lakota word meaning “ours” “yours” “and mine”).

Seattle Indian Health Board: Provides cultural health care and human services for Indigenous people today.
- **Urban Indian Health Institute**: Epidemiological organization leading the way in research and data for urban American Indian and Alaska Native communities (a division of the Seattle Indian Health Board).

- **Daybreak Star Indian Cultural Center**: A land base and cultural center for Native Americans in the Seattle area and United Indians’ headquarters.

- **Daybreak Star Radio**: Provides musical, education, cultural, and language arts programming that reconnects Indigenous, Native American and First Nations people to their heritage.

- **Chief Seattle Club**: A Native-led housing and human services agency.

**Reading Time**


- Sovereignty Farm, a project of Chief Seattle Club, advocates for land to grow traditional foods – “Reclaiming land by growing Native foods,” *Crosscut*:


- A research document, created by students, includes images of Northwest Native foods, plants used as remedies and recipes, “Northwest Native Foods,” City of Redmond.

- Learn about global efforts to ensure food sovereignty in numerous Indigenous communities, *Climate Justice Alliance*: