



Gather Film Screening & Discussion Panel Take-Action Toolkit

Gather more information about *Gather*

- The [website for the film](#) contains information about future screenings, along with stories and resources about food sovereignty.

Learn About the People Featured in *Gather* and Panelists:

- Chef Nephi Craig, featured in “Gather,” discusses Café Gozhóó on the White Mountain Apache Reservation in Northeastern Arizona – [“Café Gozhóó Opens for Business,” *Native News Online*](#).
- Jason Vickers, a Seattle-based Indigenous chef, cooks beef stroganoff at [Daybreak Star Cultural Center](#), video on Facebook.
- Community steward/organizer Matt Remle talks about the Jan. 6 insurrection on the Capitol, interview in [South Seattle Emerald](#).
- Rachel Heaton discusses how she became an activist and how colonization and the climate crisis are connected, interview in [350Seattle](#).
- A-dae Briones, Director of Programs - Native Agriculture and Food Systems, provides a First Nations perspective on food – [“A First Nations Perspective on Bridging Food & Faith,” *Duke Sanford: World Food Policy Center*](#).
- Elsie DuBray was a high school senior in *Gather*, but as a junior at Stanford University, Elsie offered insights into [how Covid-19 impacted food sovereignty](#):

- Mike Roberts talks about the First Nations Development Institute’s investments in Indigenous communities, video on [Indian Country Today](#) (interview starts at 5:47):
- [An Environmental Scan of Tribal Opioid Overdose Prevention Responses](#) by UW Seven Directions: A Center for Indigenous Public Health (2019)
- [Colorectal cancer community engagement: a qualitative exploration of American Indian voices from North Dakota](#) by Courtney Fischer (2022)

Learn More About the Work of the Bill & Melinda Gates Foundation:

- Learn more about our local grantees. [Honoring Native American Heritage Month - Gates Foundation - Washington State](#)

Watch & Listen:

- [“Indigenous Voices: Ending HIV Stigma through Storytelling & Drag,”](#) a 53-minute video program that provides an opportunity to Indigenous people to discuss culturally relevant care for people living with HIV.
- [“First Foods: How Native people are revitalizing the natural nourishment of the Pacific Northwest,”](#) a multimedia project by the *Seattle Times* that highlights movement in tribal communities to promote traditional foods.
- [Red House Project](#): Entertainment website and Production studio amplifying stories from Indigenous creators
- [Indigikitchen](#): An online cooking show dedicated to re-indigenizing our diets using digital media.

Seattle-Area Indigenous Nonprofits:

- [Unkitawa](#): Centered in traditional practices to help heal and support communities through ceremony, art, and culture (“Unkitawa” is the Lakota word meaning “ours” “yours” “and mine”).
- [Seattle Indian Health Board](#): Provides cultural health care and human services for Indigenous people today.

- [Urban Indian Health Institute](#): Epidemiological organization leading the way in research and data for urban American Indian and Alaska Native communities (a division of the Seattle Indian Health Board).
- [Daybreak Star Indian Cultural Center](#): A land base and cultural center for Native Americans in the Seattle area and United Indians' headquarters.
- [Daybreak Star Radio](#): Provides musical, education, cultural, and language arts programming that reconnects Indigenous, Native American and First Nations people to their heritage.
- [Chief Seattle Club](#): A Native-led housing and human services agency.

Reading Time

- The story of an Indigenous restaurant that won a coveted James Beard Award – "[How Owamni Became the Best New Restaurant in the United States](#)," *The New Yorker*.
- Sovereignty Farm, a project of Chief Seattle Club, advocates for land to grow traditional foods – "[Reclaiming land by growing Native foods](#)," *Crosscut*:
- Tribes in the U.S. use seed banks and more to reclaim their agricultural roots – "[On Remote Farms and in City Gardens, a Native American Movement Grows](#)," *The New York Times*.
- A research document, created by students, includes images of Northwest Native foods, plants used as remedies and recipes, "[Northwest Native Foods](#)," City of Redmond.
- Learn about global efforts to ensure food sovereignty in numerous Indigenous communities, [Climate Justice Alliance](#):